

STATE OF MONTANA

Department of Public Health and Human Services/Senior & Long Term Care Services/Aging Services

2009 SENIOR FARMERS' MARKET NUTRITION PROGRAM APPLICATION

Name of Applicant _____

Address _____

City _____ Zip _____ County _____

Phone _____ No. in Household _____

You must be **60** years of age or older and meet the income guidelines on the next page to participate. Participation in the SFMNP does not affect eligibility for other programs, such as Food Stamps
Check which applies Senior Commodity Program Other

List All Household Members	Age	Date of Birth

RACE: White Native American/Alaska Native Black/African American Asian
 Native Hawaiian/Pacific Islander

ETHNICITY: Hispanic Non-Hispanic

INCOME:	Amount	How often received
Indicate source and amount of current (last month's) income before deductions, such as taxes and Social Security.	Social Security	_____
	Disability benefits	_____
If last month's income is not representative, please project your annual income. "Other" income includes income from trusts, contributions from relatives, etc. Food stamps do not count as income.	Pension/Retirement	_____
	Self Employment	_____
	Other (Specify)	_____

TOTAL HOUSEHOLD INCOME _____

If for any reason you cannot personally get to the market, you can appoint a proxy to shop for you. I hereby authorize the following individuals to act as my proxy for all SFMNP activities.

NAME _____ Phone _____

<p>IF INELIGIBLE FOR SFMNP, STATE REASON <input type="checkbox"/> Under 60 years of age <input type="checkbox"/> Over income</p> <p>Other _____</p> <hr/> <p>▪ <i>If coupons are unavailable when you apply, you will be placed on a waiting list. If more coupons become available, they will be issued based on date of application.</i></p>

Use the table below to calculate your income eligibility.

2009 FEDERAL INCOME GUIDELINES FOR SFMNP PARTICIPATION		
# of people in household	Maximum ANNUAL income	Maximum MONTHLY income
1	\$20,035.50	\$1,669.63
2	\$26,954.50	\$2,246.21
3	\$33,873.50	\$2,822.79
4	\$40,792.50	\$3,399.38
5	\$47,711.50	\$3,975.96
For each additional person in the household, add \$3,740 to the ANNUAL income total		

The 2009 Senior Farmers' Market Nutrition Program (SFMNP) is funded through a grant from the US Department of Agriculture (USDA). It allows senior citizens to purchase fresh locally grown vegetables, fruits and herbs.

- In accordance with Federal law and USDA policy, this agency is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.
- To file a complaint of discrimination, write USDA Director, Office of Civil Rights, 1400 Independence Avenue S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.
- If you have any questions, problems or other complaints about this Program, contact the State Aging Office toll free at 1-800-332-2272.
- If your application is approved, the local agency will make nutrition education available to you and you are encouraged to participate.

2009 SENIOR FARMERS' MARKET PROGRAM GUIDELINES

- Your coupons can only be used at vendors displaying the Farmers' Market signs with the logo pictured at the right.
- Coupons are good **only** for the Farmers' Market in the county they are issued. Do not redeem them at markets outside your county.
- You can not sign up and receive coupons at more than one market site.
- You can buy up to \$2.00 worth of fresh fruits, vegetables and herbs with each coupon. **USDA regulations prohibit the use of coupons for anything other than fruits, vegetables and herbs. See attached.**
- No change can be given if your purchase is less than \$2.00.
- Coupons cannot be used at grocery stores, only at your local farmer's market.
- You can supplement your purchases with your own cash if you wish.
- Lost or stolen coupons cannot be replaced.
- You can designate another person (a proxy) to buy food for you at the time of application or by writing the proxy's name on the front of your coupon book.
- Coupon book covers cannot be redeemed for food, only the 5 coupons inside.
- Participants cannot share SFMNP food with non-participants.



I have been advised of my rights and obligations under the SFMNP. I certify that the information I have provided for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and federal law.

Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex. I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP. You have a right to a fair hearing. Call 1-800-332-2272 for help.

I have read and understand these rights and responsibilities of the SFMNP.

Signature

Date

2009 LIST OF ELIGIBLE FOODS FOR FARMERS' MARKET NUTRITION PROGRAMS

FRESH VEGETABLES

Asparagus	Artichokes	Beans, green, long or waxed
Beets	Broccoli	Brussels Sprouts
Cabbage	Carrots	Cauliflower
Celery	Chinese Cabbage	Collard Greens
Corn	Cucumbers	Eggplant
Kale	Kohlrabi	Leeks
Lettuce/Tender Greens	Mushrooms	Mustard Greens
Okra	Onions	Parsnips
Peas	Peppers	Potatoes
Pumpkins	Radishes/Horseradishes	Rhubarb
Rutabagas	Spinach	Squash
Sweet potatoes	Swiss Chard	Tomatoes/Tomatillos
Turnips/Turnip Greens	Watercress	Zucchini

FRESH FRUITS

Apples	Apricots	Blackberries
Blueberries	Cantaloupe	Casaba Melons
Cherries	Chokecherries	Currants
Gooseberries	Grapes	Honey Dew Melons
Huckleberries	Nectarines	Peaches
Pears	Plums	Raspberries
Strawberries	Watermelons	Pure Honey

FRESH HERBS

Basil	Chives	Cilantro	Dill	Fennel
Garlic	Marjoram	Oregano	Parsley	Peppermint
Rosemary	Savory	Sage	Shallots	Spearmint
Tarragon	Thyme			

ITEMS THAT CAN NOT BE PURCHASED WITH COUPONS

USDA only allows fresh produce to be purchased through this grant. Examples of processed produce or non food items that are **prohibited**, including:

Baked goods	Cheese	Crafts
Eggs		Jams/Jellies
Juices	Meat/Chicken	Nuts
Any Plants (Flowers, Herb, Vegetable)		